

# Wege durch **AFRIKA**

## **Mount Kilimanjaro Climbing via Machame Route – 8 day-itinerary**

**Total hiking distance: Approximately 100 kms**

This is probably the most beautiful route up Kilimanjaro. All your equipment and supplies are portered and a cook prepares all your meals. Where accommodation on the Marangu route is in huts, the Machame route offers strictly tents only. This makes Machame (also referred to as the "Whiskey route") better suited to the slightly more adventurous hiker, however rewarding him with a scenic splendour such as not seen on the Marangu route.

From late afternoon sunsets at Shira, to the misty revelations of Kibo at the great Barranco Wall, the Machame route offers the adventurous hiker a stunning scenic "slide show" over 6 days. The Machame route is normally completed in a minimum of 6 days. There is an added benefit to this, as you are afforded the most valuable commodity on the mountain - **acclimatization**. The Machame route takes you high to Lava Tower (4630m) on the day 3 and brings you down by nearly 700m for an overnight at Barranco camp (3950m). This is the secret to successful acclimatization.

### **Day 1 – Arusha or Kilimanjaro Airport / Moshi**

You are met at the Airport or in Arusha City, drive to Moshi.

**Overnight: Hotel in Moshi.**

### **Day 2 – Moshi / Machame Gate (1490m) - Machame camp (2980m)**

**Hiking time:** 7h

**Distance:** Approximately 18kms

**Habitat:** Montane forest

## **Tansania: Kilimanjaro – Machame Route**

Your day starts early with a briefing, followed by breakfast and a 45-minute drive from Moshi (910m) to the Machame village (1490m). The guides and porters prepare and pack the supplies and your equipment in the village. You will receive a lunch pack and you can also buy mineral water in the village. Depending on the condition of the road, it is possible to drive from the village to the Machame gate, but if not, the muddy 3 km walk will take about 1 hour to complete.

After registering at the gate office, you start your ascent and enter the rain forest almost immediately. There is a strong possibility of rain in the forest, which will transform the trail into a very soggy, muddy and slippery experience. You will have a welcome lunch stop about half way and will reach the Machame camping area in the late afternoon.

Your porters (arriving at the camp site long before you) will have erected your tent on your arrival. In the evening the porters will boil drinking and washing water and the cook will prepare dinner, before you retire to your tent for the night. Night temperatures can already drop to freezing point at this campsite

**Overnight: Machama Camp.**

### **Day 3 - Machame camp (2980m) - Shira camp (3840m)**

**Hiking time:** 6h

**Distance:** Approximately 9 kms

**Habitat:** Moorland

You rise early at Machame camp and after breakfast you climb an hour or so to the top of the forest and then for 2 hours at a gentler gradient through the moorland zone. After a short lunch and rest, you continue up a rocky ridge onto the Shira plateau. By now you will be able to see in an easterly direction, the Western Breach with its stunning glaciers. You are now due west of Kibo and after a short hike you will reach the Shira campsite at 3 840m. The porters will boil drinking and washing water, before serving dinner. The night at this exposed camp will even be colder than the previous night, with temperatures dropping to well below freezing.

**Overnight: Shira Camp**

### **Day 4 - Shira (at 3840m) to Lava Tower (at 4630m) to Barranco camp (at 3950m)**

**Hiking time:** 7h

**Distance:** Approximately 15 kms

**Habitat:** Semi-desert

The route now turns east into a semi desert and rocky landscape surrounding Lava Tower, where you reach an altitude of 4630m after about a 5 hours walk. Lunch is served in a designated area before ascending the rocky scree path to Lava Tower (4630m). This is definitely the toughest day so far. It is normally around this point, where for the first time, some climbers will start to feel symptoms of breathlessness, irritability and headaches. After lunch you descent again by almost 680m to the Barranco camping area and after reaching the high altitude of 4600m at Lava Tower, the true acclimatisation benefit of this day becomes clear. This descent to Barranco camp takes about 2 hours and offers great opportunities to take some beautiful photographs of the Western Breach and Breach Wall. The camp is situated in a valley below the Breach and Great Barranco Wall, which should provide you with a memorable sunset while you wait for the preparation of your dinner.

**Overnight: Baranco Camp.**

## **Day 5 - Barranco camp (3950m)- Barafu camp (4550m)**

**Hiking time:** 7h

**Distance:** Approximately 13 kms

**Habitat:** Alpine desert

After spending a night at the Great Barranco Wall (a very imposing sight at first), you make your way up this awesome looking obstacle, which in the end normally turns out easier than what you anticipated. Topping out just below the Heim Glacier, you now appreciate just how beautiful Kilimanjaro really is. The route then heads down through the Karanga Valley over intervening ridges and valleys, and then joins up with the Mweka route. This is the preferred route down from the summit, so remember it. Turn left up the ridge and after another hour or so, you reach Barafu Hut.

The last water stop on the route is the Karranga Valley, as there is **no water at Barafu camp**. Barafu is the Swahili word for "ice" and it is a bleak and inhospitable camping area to spend the night. Totally exposed to the ever-present gales the tents are pitched on a narrow, stony, and dangerous ridge. Make sure that you familiarise yourself with the terrain before dark to avoid any accidents. The summit is now a further 1345m up and you will make the final ascent the same night. Prepare your equipment, ski stick and thermal clothing for your summit attempt. This should include the replacement of your headlamp and camera batteries and make sure you have a spare set available as well. To prevent freezing it will be wise to carry your water in a thermal flask. Go to bed at round about 19h00 and try to get some precious rest and sleep.

**Overnight: Baranco Camp.**

## **Day 6 - (Summit attempt) Barafu camp (4550m) - Uhuru Peak (5895m) - Mweka (3100m)**

**Hiking time:** 8h to reach Uhuru Peak, 7 - 8h to descend to Mweka**Distance:** Approximately 7 kms ascent - 23 kms descent**Habitat:** Stone scree and ice-capped summit.

You will rise around 23h30, and after some tea and biscuits you shuffle off into the night. You will head in a north-westerly direction and ascend through heavy scree towards Stella Point on the crater rim. For many climbers, this 6-hour walk to Stella point is mentally and physically the most challenging on the route. At Stella Point (5685m) you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point you will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak.

The time you will spend on the summit will depend on the weather conditions. Do not stop here for too long, as it will be extremely difficult to start again due to cold and fatigue. Enjoy your accomplishment and a day to remember for the rest of your life. The walk back to Barafu from the summit, takes about 3 hours. Here you will have a well earned but short rest and collect the rest of your gear. The route is not difficult and will take you down the rock and scree path into the moorland and eventually into the forest. The camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Dinner and washing water will be prepared.

**Overnight: Mweka Camp.**

## **Day 7 - Mweka camp (3100m) - Mweka Gate (1980m)**

**Hiking time:** 3h**Distance:** Approximately 15 kms**Habitat:** Forest

After an early and well-deserved breakfast, it is a short 3-hour and scenic hike back to the Park gate. It is strongly recommended not to pay your porters any tips until you and all your gear have reached the gate safely. View more tips on climbing Mt Kilimanjaro. At Mweka gate you sign your name and details in a register.



## **Tansania: Kilimanjaro – Machame Route**

This is also where successful climbers receive their **summit certificates**. Those climbers who reached Stella Point (5685m) are issued with green certificates and those who reached Uhuru Peak (5895m) receive gold certificates. From the Mweka Gate you will continue down into the Mweka village, normally a muddy 3 km (1 hour) hike. In the Mweka village you will be served a delicious hot lunch! You now drive back to Moshi for a long overdue hot shower, dinner and celebrations!

**Overnight at the hotel in Moshi.**

## **Day 8 –Moshi /Arusha City or Kilimanjaro Airport**

After breakfast you will be transferred to the Airport for your return flight or to Arusha to start your safari.

## An overview: climbing Machame Route

The Machame route, known as the "Whiskey" route, is now the most popular route on the mountain.

Machame approaches from the southwest and descends using Mweka, rewarding climbers with views of the expansive Shira Plateau, an optional scramble up Lava Tower, a climb up the Great Barranco Wall, and a traverse underneath Kilimanjaro's Southern Icefield. The descent occurs on the Mweka route.



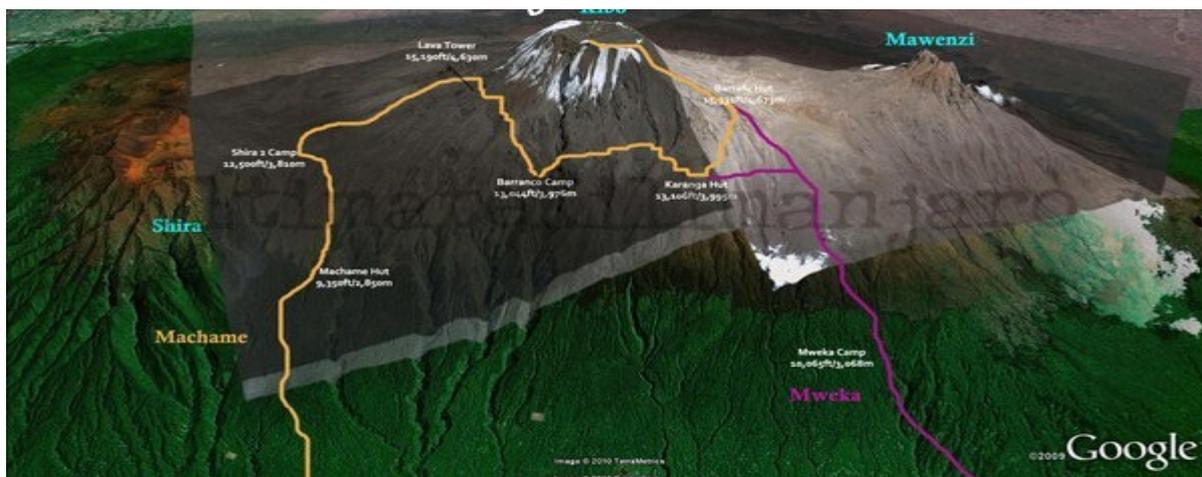
Climbers sleep in supplied tents at designated campsites, and eat meals either outdoors or inside a large dining tent. Staff prepares all meals and sets up the tents.

The minimum number of days required for this route is six days, although seven days is recommended.

The Machame route is scenically beautiful and varied. Compared to Marangu, the days on Machame are longer and the walks are steeper. It is considered a difficult route, better suited for more adventurous folks, and those with some hiking or backpacking experience.

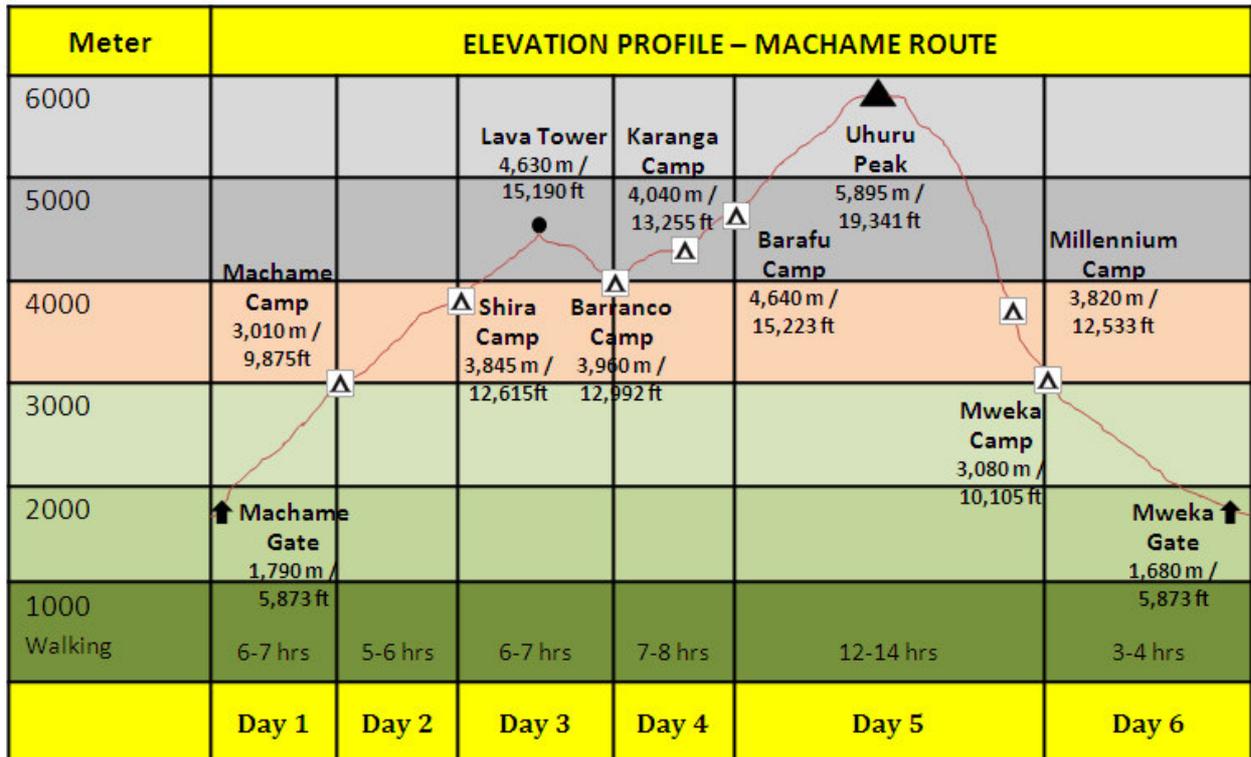


## Tansania: Kilimanjaro – Machame Route



DAY	START	GOAL	ELEVATION	DISTANCE	WALKING TIME
<b>Day 1</b>	Machame Gate (1,790 m / 5,873 ft)	Machame Camp (3,010 m / 9,875 ft)	↑ 1,220 m 4,003 ft	9 km 5.6 miles	6-7 hrs
<b>Day 2</b>	Machame Camp (3,010 m / 9,875 ft)	Shira Camp (3,845 m / 12,615 ft)	↑ 835 m 2,740 ft	7 km 4.4 miles	5-6 hrs
<b>Day 3</b>	Shira Camp (3,845 m / 12,615 ft)	Barranco Camp (3,960 m / 12,992 ft)	↑↓ 1,300 m 4,265 ft	10 km 6.2 miles	6-7 hrs
<b>Day 4</b>	Barranco Camp (3,960 m / 12,992 ft)	Barafu Camp (4,640 m / 15,223 ft)	↑ 680 m 2,230 ft	8 km 5 miles	7-8 hrs
<b>Day 5</b>	Barafu Camp (4,640 m / 15,223 ft)	Uhuru Peak (5,895 m / 19,341 ft)	↑ 1,255 m 4,117 ft	19 km 12 miles	12-14 hrs
		Uhuru Peak to Mweka Camp	↓ 2,815 m 9,236 ft		
<b>Day 6</b>	Mweka Camp (3,080 m / 10,105 ft)	Mweka Gate (1,680 m / 5,512 ft)	↓ 1,400 m 4,593 ft	10 km 6.2 miles	3-4 hrs
<b>Total</b>			<b>9,505 m 31,185 ft</b>	<b>63 km 39 miles</b>	<b>46 hrs</b>

## Tansania: Kilimanjaro – Machame Route



## Rates Year 2017 (Ground Package Costs)

Season 2017	Number of Pax	Per Person Sharing	Single Room Supplement
1 <sup>st</sup> January To 31 <sup>st</sup> December 2017	1 Pax only	2.297,00 €	86,00 €
	2 Pax Each	2.047,00 €	86,00 €
	3 Pax Each	1.963,00 €	86,00 €
	4 Pax Each	1.733,00 €	86,00 €
	5 Pax and Above	1.709,00 €	86,00 €

**Included in the trekking costs are the following:**

- Transfers from Arusha or Kilimanjaro Airport.
- Accommodation, meals as per the program.
- Hut Fees, Entry Fees, Park fees.
- 2 porters for each climber (15Kgs each porter), Guide, Assistant Guide.
- Rescue fees.

**Not included in the trekking costs are the following:**

- Other meals not mentioned as included, items of a personal nature,
- Gratuities to Porters and Guide/s - the driver guides.
- Mountain Equipments.
- All type of drinks.
- Visa and visa fees for Tanzania.
- Visa fees (currently US\$ 50.00 per passport holder – US CITIZEN US\$ 100.00). Visas are available on arrival at all Entry point/s
- Flying doctors coverage: Optional @ US\$ 50.00 per person.
  - Covers you within East Africa for a period of 14 days. In the eventuality of a medical emergency, you will be airlifted to Nairobi where you will be taken to a good hospital. Hospital bills are born by the patient
  - We highly recommended you to have your personal insurance.

**Guideline for tipping**

**Mount Kilimanjaro for Machame, Rongai, Lemosho, Londorosi, Umbwe, (Staying on Camping).**

Number of climbers	1	2	3	4	5	6	7	8	9	10	11	12
<b>Porters</b>	3	6	9	12	15	18	21	24	27	30	33	36
<b>Cook</b>	1	1	1	1	1	1	1	1	1	1	1	1
<b>Head guide</b>	1	1	1	1	1	1	1	1	1	1	1	1
<b>Assistant guides</b>		1	1	1	1	3	3	3	3	3	3	4