

Wege durch **AFRIKA**

Mount Kilimanjaro Climbing via Lemosho Route – 8 day-itinerary

Total hiking distance: Approximately 42 kms

The Lemosho Route is an unspoilt, remote, little used and beautiful way up to the Shira Plateau. It can either be used to gain the Western Breach route or followed by the Kibo South Circuit to ascend by the easier Barafu Route. The route is one of the few where groups may be accompanied on the first day by an armed ranger, as the forests around the Lemosho Glades are rich in buffalo, elephant and other big game animals.

Day 1 – Arusha or Kilimanjaro Airport / Moshi

You are met at the Airport or in Arusha City, drive to Moshi.

Overnight: Hotel in Moshi.

Day 2- Londorossi Gate (2100m) - Mti Mkubwa camp (2750m)

Hiking time: 3h

Habitat: Your day starts early with a briefing, followed by breakfast and a 2-hour drive from Moshi (910m) to Londorossi Park Gate (2100m). The guides and porters prepare and pack the supplies and your equipment in the village. You will receive a lunch pack and you can also buy mineral water in the village. From here a forest track requiring a 4WD vehicle leads to Lemosho Glades (2100m, 11km, 45 minutes).

You will have a lunch stop about half way and will reach the Machame camping area in the late afternoon. Walk along forest trails to Mti Mkubwa (big tree) campsite, (2750m, 3 hours). Your porters (arriving at the camp site long before you) will have your tent set up on your arrival. In the evening the porters will boil drinking and washing water and the cook will prepare dinner, before you retire to

your tent for the night. Night temperatures can already drop to freezing point at this campsite.

Overnight: Mti Mkubwa Camp.

Day 3 - Mti Mkubwa camp (2750m) - Shira 2 camp. (3840m)

Hiking time: 6.5h

Habitat: Moorland

You rise early at Mti Mkubwa camp and, after breakfast, you climb an hour or so to the top of the forest and then the trail gradually steepens and enters the giant heather moorland zone. Several streams are crossed. A gentle walk across the plateau leads to Shira 2-camp on moorland meadows next to a stream (3840m).

By now you will be able to see, in an easterly direction, the Western Breach with its stunning glaciers. The porters will boil drinking and washing water, before serving dinner. The night at this exposed camp will even be colder than the previous night, with temperatures dropping to well below freezing.

Overnight: Shira Camp.

Day 4 -Shira (3840m) - Lava Tower (4630m) - Barranco camp (3950m)

Hiking time: 7h

Distance: Approximately 15 kms

Habitat: Semi desert

The route now turns east into a semi desert and rocky landscape surrounding Lava Tower, where you reach an altitude of 4630m after about a 5 hours walk. Lunch is served in a designated area before ascending the rocky scree path to Lava Tower (4630m). This is definitely the toughest day so far. It is normally around this point, where for the first time, some climbers will start to feel symptoms of breathlessness, irritability and headaches.

After lunch you descent again by almost 680m to the Barranco camping area and after reaching the high altitude of 4600m at Lava Tower, the true acclimatisation benefit of this day becomes clear. This descent to Barranco camp takes about 2 hours and offers great opportunities to take some beautiful photographs of the Western Breach and Breach Wall. The camp is situated in a valley below the Breach and Great Barranco Wall, which should provide you with a memorable sunset while you wait for your dinner.

Overnight: Barranco Camp.

Day 5 - Barranco camp (3950m) - Barafu camp (4550m)

Hiking time: 7h

Distance: Approximately 13kms

Habitat: Alpine desert

After spending a night at the Great Barranco Wall (a very imposing sight at first), you make your way up this awesome looking obstacle, which in the end normally turns out to be easier than anticipated.

Topping out just below the Heim Glacier, you now appreciate just how beautiful Kilimanjaro really is. The route then heads down through the Karanga Valley over intervening ridges and valleys, and then joins up with the Mweka route. This is the preferred route down from the summit, so remember it. Turn left up the ridge and after another hour or so, you reach Barafu Hut. The last water stop on the route is the Karanga Valley, as there is no water at Barafu camp. Barafu is the Swahili word for "ice" and it is a bleak and inhospitable camping area to spend the night.

Totally exposed to the ever-present gales the tents are pitched on a narrow, stony, and dangerous ridge. Make sure that you familiarize yourself with the terrain before dark to avoid any accidents. The summit is now a further 1345m up and you will make the final ascent the same night. Prepare your equipment, ski stick and thermal clothing for your summit attempt. This should include the replacement of your headlamp and camera batteries and make sure you have a spare set available as well. To prevent freezing it will be wise to carry your water in a thermal flask. Go to bed at round about 19h00 and try to get some precious rest and sleep.

Overnight: Barafu Camp.

Day 6 - Barafu camp (4550m)-Uhuru Peak (5895m)-Mweka (3100m)

Hiking time: 8h to reach Uhuru Peak, 7 - 8h to descend to Mweka

Distance: Approximately 7 kms ascent. 23 kms descent

Habitat: Stone scree and ice-capped summit

You will rise around 23h30, and after some tea and biscuits you shuffle off into the night. You will head in a north-westerly direction and ascend through heavy scree towards Stella Point on the crater rim. For many climbers the 6-hour walk to Stella point is mentally and physically the most challenging on the route. At Stella Point

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(5685m) you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting).

From Stella Point you will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak. The time you will spend on the summit will depend on the weather conditions. Do not stop here for too long, as it will be extremely difficult to start again due to cold and fatigue. Enjoy your accomplishment and a day to remember for the rest of your life.

The walk back to Barafu from the summit, takes about 3 hours. Here you will have a well earned but short rest and collect the rest of your gear, before heading down to Mweka hut (3100m). The route is not difficult and will take you down the rock and scree path into the moorland and eventually into the forest. The camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Dinner and washing water will be prepared as well as drinking water.

Day 7 - Mweka camp (3100m) - Mweka Gate (1980m)

Hiking time: 3h

Distance: Approximately 15 kms

Habitat: Forest

After an early and well-deserved breakfast, it is a short 3-hour and scenic hike back to the Park gate. It is strongly recommended not to pay your porters any tips until you and all your gear have reached the gate safely. Visit the tips page for more info. At Mweka gate you sign your name and details in a register. This is also where successful climbers receive their summit certificates.

Those climbers who reached Stella Point (5685m) are issued with green certificates and those who reached Uhuru Peak (5895m) receive gold certificates. From the Mweka Gate you will continue down into the Mweka village, normally a muddy 3 km (1 hour) hike. In the Mweka village you will be served a delicious hot lunch!! You now drive back to Moshi for a long overdue hot shower, dinner and celebrations!!

Overnight: Hotel in Moshi.

Day 8 –Moshi /Arusha City or Kilimanjaro Airport

After breakfast you will be transferred to the Airport for your return flight or to Arusha to start your safari.

An overview: climbing Lemosho Route

The Lemosho route is one of the newer routes on the mountain, and a superb choice for your climb.

It is our preferred route due to its ideal balance of low traffic, beautiful scenery and a high summit success rate.

The route approaches Mount Kilimanjaro from the west, beginning with a long drive from Moshi to Londorossi Gate. From there, the first two days are spent trekking through the rainforest to Shira Ridge.

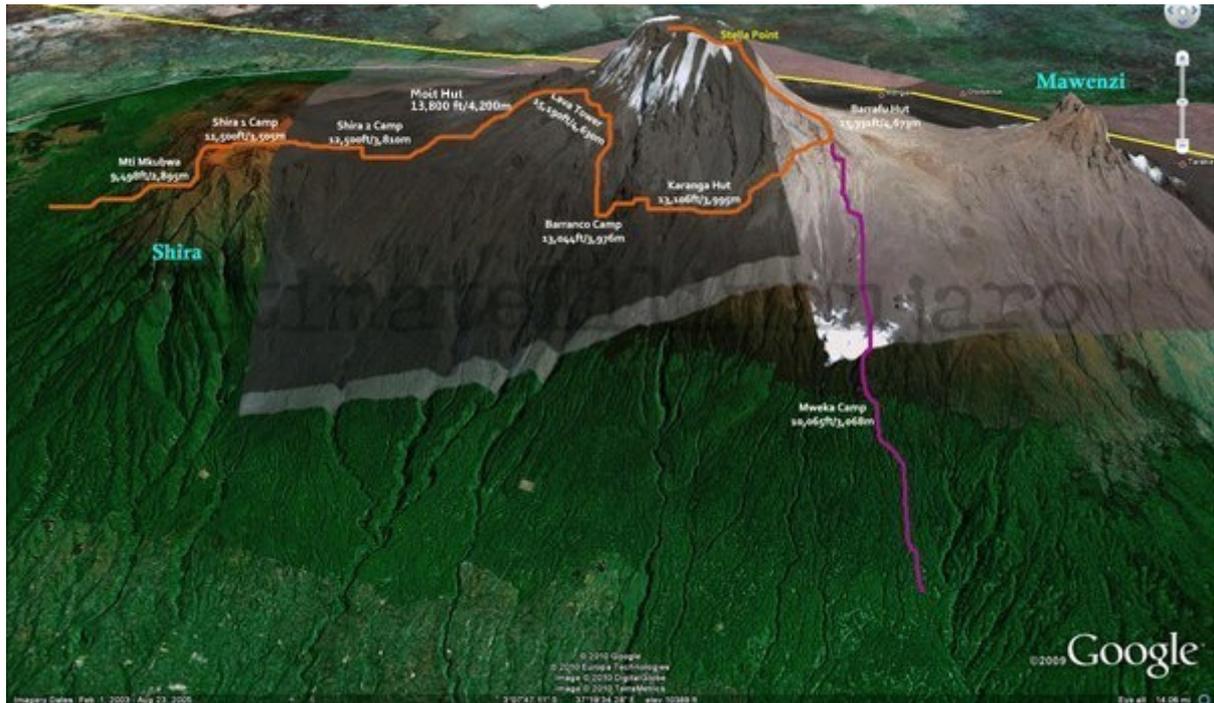
Unlike the popular Machame route, which simply intersects the Shira Plateau, the Lemosho route crosses the entirety of the plain from west to east in a pleasant, relatively flat hike. An added bonus is that climbers will encounter low traffic until the route joins the Machame route.

Afterwards, Lemosho follows the same route through Lava Tower, Barranco and Barafu, known as the southern circuit. Descent is made via the Mweka route.

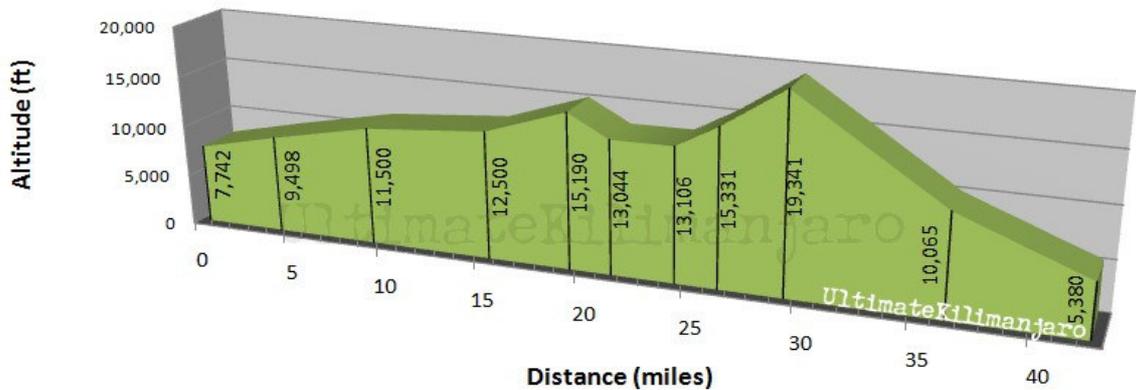
The minimum number of days required for this route is six days, although eight days is best. Lemosho is considered the most scenic route on Kilimanjaro, and grants panoramic vistas on various sides of the mountain. Thus, Lemosho is highly recommended.



Tansania: Kilimanjaro – Lemosho Route



Lemosho Route



	Londorossi Gate	Mti Mkubwa	Shira 1 Camp	Shira 2 Camp	Lava Tower	Barranco Camp	Karanga Camp	Barafu Camp	Uhuru Peak	Mweka Camp	Mweka Gate
	0	4	9	15	19	21	24	26	29	36	42
Altitude (ft)	7,742	9,498	11,500	12,500	15,190	13,044	13,106	15,331	19,341	10,065	5,380

Rates Year 2017 (Ground Package Costs)

Season 2017	Number of Pax	Per Person Sharing	Single Room Supplement
1 st January To 31 st December 2017	1 Pax only	2.299,00 €	86,00 €
	2 Pax Each	2.047,00 €	86,00 €
	3 Pax Each	1.963,00 €	86,00 €
	4 Pax Each	1.733,00 €	86,00 €
	5 Pax and Above	1.709,00 €	86,00 €

Included in the trekking costs are the following:

- Transfers from Arusha or Kilimanjaro Airport.
- Accommodation, meals as per the program.
- Hut Fees, Entry Fees, Park fees.
- 2 porters for each climber (15Kgs each porter), Guide, Assistant Guide.
- Rescue fees.

Not included in the trekking costs are the following:

- Other meals not mentioned as included, items of a personal nature,
- Gratuities to Porters and Guide/s - the driver guides.
- Mountain Equipments.
- All type of drinks.
- Visa and visa fees for Tanzania.
- Visa fees (currently US\$ 50.00 per passport holder – US CITIZEN US\$ 100.00). Visas are available on arrival at all Entry point/s
- Flying doctors coverage: Optional @ US\$ 50.00 per person.
 - Covers you within East Africa for a period of 14 days. In the eventuality of a medical emergency, you will be airlifted to Nairobi where you will be taken to a good hospital. Hospital bills are born by the patient
 - We highly recommended you to have your personal insurance.

Guideline for tipping

Mount Kilimanjaro for Machame, Rongai, Lemosho, Londorosi, Umbwe, (Staying on Camping).

Number of climbers	1	2	3	4	5	6	7	8	9	10	11	12
Porters	3	6	9	12	15	18	21	24	27	30	33	36
Cook	1	1	1	1	1	1	1	1	1	1	1	1
Head guide	1	1	1	1	1	1	1	1	1	1	1	1
Assistant guides		1	1	1	1	3	3	3	3	3	3	4